



MEDIASMARTS.CA

WWW.PREVENT.CA

WWW.BULLYING.ORG

HTTP://WWW.ABOUTKIDSHEALTH.CA

HTTP://WWW.FAMILY.CA/STANDUP

CASEL - HTTP://WWW.CASEL.ORG

WITS PROGRAM - HTTP://WWW.WITS.PROGRAM.CA



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Speaker: Crystal J. Dittrick, M.A., Canadian Certified Counsellor (C.C.C.), a Registered Provisional Psychologist, and a Ph.D. candidate at the University of Calgary in Educational Studies in Counselling Psychology. Crystal has presented at various Canadian schools, as well as national and international conferences on the topic of school bullying. Her Masters and Doctoral research, as well as multiple peer-reviewed articles, has focused on the relationship between school bullying and mental health.

KEEP YOUR **KIDS**
SAFE Online



The Internet, Video Games and Cyberbullying





Keep internet out of kids' rooms

Take phones out of bedroom at night

Set house rules about Internet use

Have family dinners with NO DEVICES

Children need parental involvement – be a role model by putting down your own devices and playing with your kids.

Teach your children critical thinking skills regarding on-line content: double check facts, beware of spam & hoaxes, don't rely solely on Wikipedia, watch out for marketing specifically to children

Open communication is important

Teach kids NOT to share passwords

Familiarize yourself with social media, and share it as a family

Teach your children about privacy settings

Teach your child digital citizenship: respect privacy, respect others' feelings, respect property

Balance respect for child's privacy with their protection



Ratings & content of video games very important - there is a link between video games that are rated mature & violent, and cyberbullying.

Establish code of conduct with your children around playing video games

Watch for: excessive video game playing, gender stereotyping, racial stereotyping, violence and cyberbullying

Cyberbullying takes away the child's safe haven at home

Cyberbullying is repeated and takes place over time; there is a moral disengagement at play when the child can't see the pain in the other person; the one bullying is 'virtually' anonymous, creating an increase in insecurity and social unease in the bullied child, which seem inescapable

Consider your own behaviour

Be ready to listen to your child

Encourage children to report incidents of bullying

Always be your child's champion