

PROJECT
PLOUGHSHARES
CALGARY

Peace News

JULY/AUGUST 2013



We are located:

Parkdale United
Church
2919 8th Ave NW
T2N 1C8

403-270-7366

Office hours:

Mon Tues & Thurs
9:30 am - 2 pm

Wed 12 - 4 pm



September 21, 2013
International Day of Peace

Time: 9:30 AM Warm-Up
10:00 AM Race Start

Where: Festival Market Square
(between Eau Claire Running Room
and Eau Claire YMCA)

Registration

www.runningroom.com

or

www.calgarypeacerun.ca

(print off a registration form [here](#) that you can mail in with a cheque)

All Walking and Running Events Timed

- ⇒ 5 K Run/Walk
- ⇒ 10 K Run/Walk
- ⇒ Teams Encouraged!

Students (25 years and under) - \$25
Children 12 and under FREE

PLUS

- ~ Medals for overall fastest times
- ~ Medals for age categories
- ~ Ribbons for all children under 12
- ~ Fantastic draw prizes
- ~ Environmentally friendly shopping bag & more
- ~ Race T-shirts available for purchase
- ~ Face painting, balloon animals, origami, games
- ~ Entertainment - Terry Smales and others



Info

Karen Huggins, Race Director
office@ploughsharescalgary.ca
403-270-7366
www.calgarypeacerun.ca



2nd Annual Calgary Peace Run Festival September 21, 2012

Seeking sponsors/donors for the Second Annual Calgary Peace Run Festival!

Full brochure can be seen [here](#).

We invite you to join the growing community of Calgarians who wish to promote peace and nonviolence to create a better world for everyone. This family-friendly event is comprised of 5K and 10K timed runs and walks, as well as post-race medal presentations, fantastic draw prizes, musical entertainment, and activities for children. For the serious runner, this is the most fun and meaningful run of the year! The Calgary Peace Run Festival draws together people from all traditions and beliefs to bring us a step closer to a "just world at peace".

2012 was a great start! The 2012 Calgary Peace Run caught the imaginations of individuals, community organizations and businesses that envision a world of peace and nonviolence. Our thanks to all who made it a great success.

This is your opportunity to get involved in 2013!

Highlights:

- 300 walkers and runners
- 50+ volunteers
- 60 business sponsors/donors
- Funds raised: \$28,500
- Goal for 2013: \$50,000



Dove (Headline Sponsorship)

- ⇒ Contribution of \$5000 or more.
- ⇒ Advantage of being one of the lead sponsors, with all the advertising that entails!
- ⇒ Large company logo on the 8 banners which will be hung over major thoroughfares (worth thousands of dollars in advertising)!
- ⇒ Company logo included on all printed materials relating to the race as well as on the race website
- ⇒ 6 free entries and race t-shirts for your company employees

Hope (Mid-Level Sponsorship)

- ⇒ Contribution of \$2500—\$4999
- ⇒ Company logo on all banners
- ⇒ Company logo included on all printed materials relating to the race as well as on the race website
- ⇒ 3 free entries and race t-shirts for your company employees

(Ally) By-Line Sponsorship

- ⇒ Contribution of less than \$2500
- ⇒ Company logo will appear on all printed materials related to the race, as well as on the race website and Project Ploughshares website.
- ⇒ 1 free entry and race t-shirt for an employee

To donate, you can go to the Calgary Peace Run website at www.calgarypeacerun.ca
and pay via PayPal,

or send a cheque to: Project Ploughshares Calgary, 2919 - 8 Ave NW, Calgary, AB T2N 1C8.

Support nonviolence and peace in our community!

Ploughshares Calgary News



The 1312 Key to Peace - Readers' Theatre Wednesday June 12, 2013

Ploughshares had some budding actors on hand for this presentation! Thanks to the talents of Tracey Braun, Niki Enns-Fehr, Karen Huggins, Dr. Arthur Clark, Brian Seaman, and Garry Fry, the audience was treated to a hilarious, while at the same time quite serious, short theatre piece about the importance of having women as partners in all aspects of peacebuilding.

The play was predicated around the imminent attack on the small country of Roguestan by the men in the War Room, while in the Peace Room the women talked about ways to prevent war and end any hostilities (and injustices) peaceably. The play contained kernels of important information about how our systems of war and inequality (economic, sexual, racial, social) work. Afterwards Saima Jamal, the Program Manager for the Calgary Islamic Chamber Institute, led an interesting discussion with a very engaged audience, who considered questions of economic inequality and the power of the military-industrial complex under which we currently live, the damaging effects of Structural Adjustment Programs, and the policies of such international institutions as the IMF and World Bank - among other issues. People were hopeful that we, as engaged and intelligent human beings, have the ability to change things for the better and create a world of peace.

At the end of the evening, there were suggestions that we take the play on the road—to CBC, U of C classes, and community groups!

We'd Love to Have YOU on Board!

We are in desperate need of someone to chair the Food & Beverage Committee for the Calgary Peace Run. The job entails coordinating a few people to go to various grocery stores to ask for donations or gift cards for food to feed our hungry runners and walkers after the race! Letters of request have already been prepared to present at the stores, and are available at the Ploughshares office. Please get in touch with Karen at office@ploughsharescalgary.ca or Rashi at sandrghai@shaw.ca if you're interested.



We are looking for energetic, committed people to help out on the following committees for the **2013 Calgary Peace Run: Volunteers (for the race day and other related activities during the summer), Fundraising, Draw Prizes, Food & Beverage, Marketing & Promotions, and Social Media.**

We are also looking for about 10 volunteers to help out with our **Toy Audit**, which will take place towards the end of **October 2013**. Training will be provided for this exciting new initiative. Please give us a call if you're interested in exploring these or other options.



Donations

We received \$50 during the month of June from individual donors, and \$350 from organizations. When you're planning your charitable donations, please think about Project Ploughshares and give generously! We value your contributions, and would like to thank all those who

continue to contribute big-heartedly to support Project Ploughshares. We can't continue to do the important and meaningful work of peacebuilding without you!

Office Closure - July 2013

The Ploughshares Calgary office will be officially closed for the month of July. However, we will be checking emails and phone message frequently, so please feel free to leave messages!



We'll get back to you just as soon as possible.

The office will open again early in August. Until then, we hope all our friends and supporters have a fantastic summer!



Project Ploughshares Calgary

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Calgary AB T2N 1C8

(403) 270-7366

office@ploughsharescalgary.ca

Special thanks to Karen Huggins & Niki Enns-Fehr for their work writing and editing this issue of the newsletter.

Yes! I want to become a Project Ploughshares Calgary donor and partner in building peace.

Name: _____

Address: _____

Phone: _____

E-mail: _____

Here is my donation for 2013 of:

\$35 \$50 \$100 \$500 \$_____

(donations of \$10 or more will receive a tax receipt)

I'd like to become a Friend of Ploughshares and give a monthly pre-authorized debit donation, please send me an application form:

I'd like to receive the monthly newsletter by:

Email (recommended) Mail (with \$35 donation)

Calgary Peace Events

Yoga for Peace at Olympic Plaza Thurs. August 22, 12 - 1 PM

Free yoga session with **Kelly Dowdell** of CCGC! Come out and renew your body and soul over the lunch hour with a mindful yoga practice. Karma box will be available for donations if you



Yoga for Peace Week at the Peace Pole - Sept. 14 - 20, 2013

Enjoy a series of yoga classes every day for a week at the Calgary Community Peace Pole in the run-up to the 2013 Calgary Peace Run! Come out, bring your friends and family, and enjoy yoga in the great outdoors by the Peace Pole.

Times are as follows:

Saturday Sept. 14th 12 - 1 PM; Sunday Sept 15th 2 - 3 PM; Monday Sept. 16th 12 - 1 PM; Tuesday Sept. 17th 4 - 5 PM; Wednesday Sept. 18th 4—5 PM; Thursday Sept. 19th 4—5 PM; Friday Sept. 20th 11 AM—12 PM

Come every day, or choose a couple of days that work best for your schedule....we'd love to have you join us! Karma box available for donations to help support the Calgary Peace Run Festival.

Floating Lantern Memorial, Friday August 9th, 2013 Southeast end of lagoon in Prince's Island Park

This event is in memory of all those impacted by the dropping of the bombs on Hiroshima and Nagasaki, and in solidarity toward a world without nuclear weapons. There will be speakers, music and spoken word poetry. Lantern kits will be available by donation, so you can put together your own lantern and launch it on the lagoon. This event is presented by the 2020 Vision for Humanity Network, Project Ploughshares Calgary and the Calgary Centre for Global Community, and has been made possible with the financial support of Freshwater Creative.



2020 Vision for Humanity: toward human security worldwide A Symposium on November 2, 2013 - Parkdale United Church, Calgary, AB

In keeping with the multi-disciplinary nature of our symposium, we invite submissions for research abstracts from academics, graduate students, post-doctoral research fellows, journalists, lawyers, conflict resolution specialists; and from representatives of NGOs with an interest in peace and development issues, global democracy and citizenship, building a healthier global community, creating a culture of peace (as defined by UNESCO), human rights and security issues, conflict resolution, and nuclear disarmament.

For more info and to look at the call for abstracts, see <http://www.ucalgary.ca/peacestudies/symposium>